



The Clinical Support and Education Program (CSE)

The CSE program has been developed by RUCN-CDP Clinical Nurse Educators (CNE) to deliver an innovative 12-week program designed to introduce clinical education concepts relevant to the UCC nurse who would like to improve their confidence in clinical support and education delivery. The program will cover educational theory and prepare nurses with practical skills to be able to more confidently deliver both informal and formal education in their health setting.

The program begins with an interactive 2-day workshop with the RUCN-CDP educators which will set up the next 11 weeks of online self-directed learning. The program provides a rare opportunity to be mentored by an experienced emergency CNEs from the RUCN-CDP team and be supported to deliver an education session within their health service.

Benefits of the program:

- Free for all eligible nurses and health services to participate.
- Mentorship and support from experienced CNE's from Alfred Health/RUCN-CDP.
- Provides an opportunity to collaborate and network with likeminded colleagues working in UCC's across Victoria.
- There will be potential opportunities to work alongside the RUCN-CDP team to deliver education.
- The program is not assessed.

Who should apply?

This program is open to senior nurses who work in a public Victorian Urgent Care Centre and have a keen interest in enhancing skills or confidence in clinical support and education. Formal education experience is not required however those who already have responsibilities providing clinical support or education either as a CNS, clinical facilitator, CNE, ANUM/NUM or similar are encouraged to apply.

Pre-requisites of the program:

- Sufficient practical experience as an RN working in a UCC.
- Be able to provide some examples of education delivery within your current role (i.e., bedside teaching, in-service, supporting junior colleagues).
- You need to be nominated by your Director of Nursing (or delegate) in your health service.

Funding

The program is funded through the RUCN-CDP and is completely free for nurses and their health service. We will provide course materials and costs associated with the 2-day workshop, including meals and accommodation.

How to enrol

For further information please don't hesitate to contact Claire Schepers c.schepers@alfred.org.au or visit the website below.



Rural Urgent Care
Nursing Program

Rural Urgent Care
Nursing Program



CSE Program Framework

Week	Lesson	Lesson subtopics	Delivery method	Approx. time commitment
1	Introduction workshop	<ul style="list-style-type: none"> Meet the RUCN team Educating and leading others Transitioning from clinical expert to educator Creating a learning culture Feedback and managing challenging behaviours Leadership in nursing education Emotional intelligence 	Face-to-face	2 days
2	Education in the rural context	<ul style="list-style-type: none"> The education needs of nurses working in rural health Barriers to continuing professional development for rural nurses The expert generalist nurse Education preferences in the UCC setting 	Online	1 hour
3	Adult learning theories and principles	<ul style="list-style-type: none"> Adult learning theories including: <ul style="list-style-type: none"> Andragogy Transformative learning Self-directed learning Experiential learning Four stages of achieving competence VARK learning styles Honey and Mumford learning style 	Online	1-2 hours
4	Presentation skills	<ul style="list-style-type: none"> Preparing for presenting The P cubed philosophy of presentations Skill development for presenting Didactic and other methods of presenting 	Online	1-2 hours
5	Program and lesson plan development *runs over two weeks	<ul style="list-style-type: none"> Instructional design including the ADDIE model Setting intended learning outcomes Planning for and structuring a teaching session Designing a formal lesson plan Evaluation of education 	Online	1-2 hours
6	Communication and facilitation for learner success	<ul style="list-style-type: none"> Communication for success in education Emotional intelligence Leadership and followership in nursing education Feedback and difficult conversations 	Online	1-2 hours



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Week	Lesson	Lesson subtopics	Delivery method	Approx. time commitment
7	Assessment and feedback	<ul style="list-style-type: none"> What is assessment in health care? Guidelines for effective assessment Types of assessment and remediation processes Feedback to support professional development 	Online	1 hour
8	Clinical facilitation and bedside teaching	<ul style="list-style-type: none"> Education approaches in rural nursing Clinical facilitation and bedside teaching Education frameworks to enhance teaching including: <ul style="list-style-type: none"> The CARE framework SNAPPS bedside teaching model Teachable moments Low dose, high frequency teaching The teach-back method Introduction to simulation The effective clinical facilitator 	Online	1-2 hours
9	Digital, social, and mobile technology in nursing education	<ul style="list-style-type: none"> The benefits and barriers of technology in education Technology use in nursing education including: <ul style="list-style-type: none"> Video conferencing Mobile learning and social media Virtual technology Digital applications Applying learning theories to technology use in nursing education 	Online	1 hour
10	Education week	<ul style="list-style-type: none"> No self-directed learning this week An opportunity to create and implement your own education session within your UCC 	Self-directed	Learner dependent
11	Mentor week *runs over 2 weeks	<ul style="list-style-type: none"> Mentorship models for the UCC environment The mentor-mentee relationship How to be an effective mentor An opportunity to be mentored by a RUCN-CDP CNE 	Online	1-2 hours
12	Reflective practice in leadership	<ul style="list-style-type: none"> Understanding reflective practice Models of reflective practice including: <ul style="list-style-type: none"> Borton Gibbs Atkins and Murphy John 	Online	1-2 hours