



Rural Urgent Care  
Nursing Program



## Clinical Support and Education (CSE) Program Framework

Week	Lesson	Lesson subtopics	Delivery method	Approx. time commitment
	Introduction	<ul style="list-style-type: none"> <li>Welcome to the program</li> <li>Meet the RUCN team</li> <li>Expectations of the program</li> <li>Learner commitment to the program</li> <li>Sponsor communication</li> </ul>	Virtual meeting	45 mins
1	Education in the rural context	<ul style="list-style-type: none"> <li>Understanding the education needs of nurses working in rural health</li> <li>Barriers to continuing professional development for rural nurses</li> <li>The role of the expert generalist nurse</li> <li>Education preferences in the UCC setting</li> </ul>	Online	1 hour
2	Adult learning theories and principles	<ul style="list-style-type: none"> <li>Adult learning theories including:               <ul style="list-style-type: none"> <li>◇ Andragogy</li> <li>◇ Transformative learning</li> <li>◇ Self-directed learning</li> <li>◇ Experiential learning</li> </ul> </li> <li>Four stages of achieving competence</li> <li>VARK learning styles</li> <li>Honey and Mumford learning style</li> </ul>	Online	1-2 hour
3	Presentation skills	<ul style="list-style-type: none"> <li>Preparing for presenting</li> <li>The P cubed philosophy of presentations</li> <li>Skill development for presentations</li> <li>Didactic and other methods of presenting</li> </ul>	Online	1-2 hours
4	Program and lesson plan development	<ul style="list-style-type: none"> <li>Instructional design including the ADDIE model</li> <li>Setting intended learning objectives</li> <li>Planning for and structuring a teaching session</li> <li>Designing a formal lesson plan</li> <li>Evaluation of education</li> </ul>	Online	1-2 hours
5	Assessment and feedback	<ul style="list-style-type: none"> <li>What is assessment in health care?</li> <li>Guidelines for effective assessment</li> <li>Types of assessment and remediation</li> <li>Feedback to support professional development</li> </ul>	Online	1 hour
6	NO SDL THIS WEEK (PREPARTION FOR WORKSHOP PRESENTATION)			

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7	CSE workshop	<ul style="list-style-type: none"> <li>• Educating and leading others</li> <li>• Transitioning from clinical expert to educator</li> <li>• Creating a learning culture</li> <li>• Feedback and managing challenging behaviours</li> <li>• Leadership in nursing education</li> <li>• Emotional intelligence</li> </ul>	In-person	2 days
8	Communication and facilitation for learner success	<ul style="list-style-type: none"> <li>• Communication for success in education</li> <li>• Emotional intelligence</li> <li>• Leadership and followership in nursing education practice</li> <li>• Feedback and difficult conversations</li> </ul>	Online	1-2 hours
9	Clinical facilitation and bedside teaching	<ul style="list-style-type: none"> <li>• Education approaches in rural nursing</li> <li>• Clinical facilitation and bedside teaching</li> <li>• Education frameworks to enhance learning:               <ul style="list-style-type: none"> <li>◊ The CARE framework</li> <li>◊ SNAPPS bedside teaching model</li> <li>◊ Teachable moments</li> <li>◊ Low dose, high frequency teaching</li> <li>◊ The teach-back method</li> </ul> </li> <li>• Introduction to simulation</li> <li>• The effective clinical facilitator</li> </ul>	Online	1-2 hours
10	Digital, social, and mobile technology in nursing education	<ul style="list-style-type: none"> <li>• The benefits and barriers of technology in education</li> <li>• Technology use in nursing education including:               <ul style="list-style-type: none"> <li>◊ Video conferencing</li> <li>◊ Mobile learning and social media</li> <li>◊ Virtual technology</li> <li>◊ Digital applications</li> </ul> </li> <li>• Applying learning theories to technology use in nursing education</li> </ul>	Online	1 hour
11	Mentor week	<ul style="list-style-type: none"> <li>• Mentorship models for the UCC environment</li> <li>• The mentor-mentee relationship</li> <li>• How to be an effective mentor</li> <li>• An opportunity to be mentored by a RUCN-CDP CNE</li> </ul>	Online	1-2 hours
12	Reflective practice in leadership	<ul style="list-style-type: none"> <li>• Understanding reflective practice</li> <li>• Models of reflective practice including:               <ul style="list-style-type: none"> <li>◊ Borton</li> <li>◊ Gibbs</li> <li>◊ Atkins and Murphy</li> <li>◊ John</li> </ul> </li> </ul>	Online	1-2 hours

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