



Rural Urgent Care
Nursing Program

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Nursing Program



Clinical Support and Education (CSE) Program Framework

Week	Lesson	Lesson subtopics	Delivery method	Approx. time commitment
	Introduction	<ul style="list-style-type: none"> Welcome to the program Meet the RUCN team Expectations of the program Learner commitment to the program Sponsor communication 	Virtual meeting	45 mins
1	Education in the rural context	<ul style="list-style-type: none"> Understanding the education needs of nurses working in rural health Barriers to continuing professional development for rural nurses The role of the expert generalist nurse Education preferences in the UCC setting 	Online	1 hour
2	Adult learning theories and principles	<ul style="list-style-type: none"> Adult learning theories including: <ul style="list-style-type: none"> ◇ Andragogy ◇ Transformative learning ◇ Self-directed learning ◇ Experiential learning Four stages of achieving competence VARK learning styles Honey and Mumford learning style 	Online	1-2 hour
3	Presentation skills	<ul style="list-style-type: none"> Preparing for presenting The P cubed philosophy of presentations Skill development for presentations Didactic and other methods of presenting 	Online	1-2 hours
4	Program and lesson plan development	<ul style="list-style-type: none"> Instructional design including the ADDIE model Setting intended learning objectives Planning for and structuring a teaching session Designing a formal lesson plan Evaluation of education 	Online	1-2 hours
5	Assessment and feedback	<ul style="list-style-type: none"> What is assessment in health care? Guidelines for effective assessment Types of assessment and remediation Feedback to support professional development 	Online	1 hour
6	NO SDL THIS WEEK (PREPARTION FOR WORKSHOP PRESENTATION)			

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7	CSE workshop	<ul style="list-style-type: none"> • Educating and leading others • Transitioning from clinical expert to educator • Creating a learning culture • Feedback and managing challenging behaviours • Leadership in nursing education • Emotional intelligence 	In-person	2 days
8	Communication and facilitation for learner success	<ul style="list-style-type: none"> • Communication for success in education • Emotional intelligence • Leadership and followership in nursing education practice • Feedback and difficult conversations 	Online	1-2 hours
9	Clinical facilitation and bedside teaching	<ul style="list-style-type: none"> • Education approaches in rural nursing • Clinical facilitation and bedside teaching • Education frameworks to enhance learning: <ul style="list-style-type: none"> ◊ The CARE framework ◊ SNAPPS bedside teaching model ◊ Teachable moments ◊ Low dose, high frequency teaching ◊ The teach-back method • Introduction to simulation • The effective clinical facilitator 	Online	1-2 hours
10	Digital, social, and mobile technology in nursing education	<ul style="list-style-type: none"> • The benefits and barriers of technology in education • Technology use in nursing education including: <ul style="list-style-type: none"> ◊ Video conferencing ◊ Mobile learning and social media ◊ Virtual technology ◊ Digital applications • Applying learning theories to technology use in nursing education 	Online	1 hour
11	Mentor week	<ul style="list-style-type: none"> • Mentorship models for the UCC environment • The mentor-mentee relationship • How to be an effective mentor • An opportunity to be mentored by a RUCN-CDP CNE 	Online	1-2 hours
12	Reflective practice in leadership	<ul style="list-style-type: none"> • Understanding reflective practice • Models of reflective practice including: <ul style="list-style-type: none"> ◊ Borton ◊ Gibbs ◊ Atkins and Murphy ◊ John 	Online	1-2 hours

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